

OCTOBER | 2020

Houston County High School ~ Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 Mini Pancakes w/Syrup Fresh Fruit Choice OR Cereal Bar Fresh Fruit Choice</p>	<p>29 Sausage & Biscuit Gravy, Jelly Mixed Fruit Cup OR Honey Bun Mixed Fruit Cup</p>	<p>30 Tornado Apple Slices OR Pop-Tart Apple Slices (2oz)</p>	<p>1 Mini Chicken & Biscuit Jelly Banana OR Muffin Choice Banana</p>	<p>2 Breakfast Pizza Mandarin Oranges OR Homemade Yogurt Parfait w/Fruit & Granola</p>
<p>5 Mini Pancakes w/Syrup Fresh Fruit Choice OR Cereal Bar Fresh Fruit Choice</p>	<p>6 Sausage & Biscuit Gravy, Jelly Mixed Fruit Cup OR Honey Bun Mixed Fruit Cup</p>	<p>7 Tornado Apple Slices OR Pop-Tart Apple Slices (2oz)</p>	<p>8 Mini Chicken & Biscuit Jelly Banana OR Muffin Choice Banana</p>	<p>9 Breakfast Pizza Mandarin Oranges OR Homemade Yogurt Parfait w/Fruit & Granola</p>
<p>12 Mini Pancakes w/Syrup Fresh Fruit Choice OR Cereal Bar Fresh Fruit Choice</p>	<p>13 Sausage & Biscuit Gravy, Jelly Mixed Fruit Cup OR Honey Bun Mixed Fruit Cup</p>	<p>14 Tornado Apple Slices OR Pop-Tart Apple Slices (2oz)</p>	<p>15 NO SCHOOL FALL BREAK</p>	<p>16 NO SCHOOL FALL BREAK <i>No Meal Pickups Today.</i></p>
<p>19 Mini Pancakes w/Syrup Fresh Fruit Choice OR Cereal Bar Fresh Fruit Choice</p>	<p>20 Sausage & Biscuit Gravy, Jelly Mixed Fruit Cup OR Honey Bun Mixed Fruit Cup</p>	<p>21 Tornado Apple Slices OR Pop-Tart Apple Slices (2oz)</p>	<p>22 Mini Chicken & Biscuit Jelly Banana OR Muffin Choice Banana</p>	<p>23 Breakfast Pizza Mandarin Oranges OR Homemade Yogurt Parfait w/Fruit & Granola</p>
<p>26 Mini Pancakes w/Syrup Fresh Fruit Choice OR Cereal Bar Fresh Fruit Choice</p>	<p>27 Sausage & Biscuit Gravy, Jelly Mixed Fruit Cup OR Honey Bun Mixed Fruit Cup</p>	<p>28 Tornado Apple Slices OR Pop-Tart Apple Slices (2oz)</p>	<p>29 Mini Chicken & Biscuit Jelly Banana OR Muffin Choice Banana</p>	<p>30 Breakfast Pizza Mandarin Oranges OR Homemade Yogurt Parfait w/Fruit & Granola</p>

News

Virtual Students
Food pickup days will be
Mondays & Fridays
2:45 – 3:30
Remember, all students can
take home FREE meals on
Friday for the weekend for
as long as funding allows.
Meals are not allowed to be
taken home via bus.
**Please contact your child's
school Cafeteria Manager if
you plan to pick up meals
for your child.**

HCHS Cafeteria 289-4449

Enjoy Fall Break
Oct. 15 & 16
(There will be no meal
pickups on
Friday, Oct. 16)

**Each meal includes a
choice of low-fat or non-
fat unflavored milk or
low-fat flavored milk.**

AND

**A choice between apple,
grape, or orange juice.**



Houston County Child Nutrition

Eat Right - Future Bright